

Program Transfer Guide
Des Moines Area Community College
Associate of Applied Science (AAS) in
HUMAN SERVICES
→ UIU Bachelor of Sciences (BS) in
HUMAN SERVICES
SEPTEMBER 2023



Years 1 & 2 at Des Moines Area Community College:

DMACC Program Course Sequence			Course Transfers into UIU as			
Course ID	Course Name	# Cr	Course Id	Course Name	# Cr	Requirement Fulfilled
Semester 1						
SDV 108	The College Experience	1	---	---	1	Free Elective
HSV 109	Intro to Human Services	3	HSV 221	Intro to Human Services	3	Major
HSV 130	Interviewing/Interper Relation	3	---	---	3	Free Elective
ENG 105	Composition I	3	ENG 101	English Composition I	3	Gen Ed Comm./Wrtn
PSY 111	Introduction to Psychology	3	PSY 190	General Psychology	3	Gen Ed Social Science
AAS Degree Core Math/Science (MAT 156)		3	MATH 220	See Electives Table	3	Gen Ed Math. & Major
Semester 2						
PSY 121	Developmental Psychology	3	EDU 142	Hmn. Growth, Dev/Guidance	3	Free Elective
HSV 185	Discrimination and Diversity	3	---	---	3	Free Elective
AAS Degree Core Math or Science		3	---	See Electives Table	3	**Select Gen. Ed. Natural Science
ENG 106 OR ENG 108	Composition II Comp II: Technical Writing	3 OR 3	ENG 102 ---	English Composition II ---	3 OR 3	Gen Ed Comm./Wrtn
SPC 101 OR SPC 122	Fund of Oral Communication Interpersonal Communication	3 OR 3	COMM 105 COMM 200	Public Speaking Interpersonal Communication	3 OR 3	Gen Ed Comm./Oral Gen Ed Comm./Oral
Semester 3						
HSV 220	Intro to Counseling Theories	3	---	---	3	Free Elective
PSY 241	Abnormal Psychology	3	PSY 360	Abnormal Psychology	3	Free Elective
AAS Degree Core Social & Behavioral Sciences/Humanities (SOC 110)		3	SOC 110	Principles of Sociology	3	Gen Ed Soc. Sci & Major
Semester 4						
HSV 286	Intervention Theories/Prac I	3	---	---	3	Free Elective
HSV 255	Addictive Disease Concepts	3	PSY 302	Substance Abuse	3	Free Elective
Option 1 – Select 3 courses				See Electives Table		
SOC 200 SOC 120 PHIL 105	Minority Group Relations Marriage & Family Introduction to Ethics	3 3 3	SOC 240 HSV 361 PHIL 202	Diversity in the US Marriage and the Family Contemporary Ethics	3 3 3	Gen Ed Cultures & Major Major Gen Ed Arts/Humn
Semester 5						
HSV 803	Seminar	1	---	---	1	Free Elective
AAS Degree Core Social & Behavioral Sciences/Humanities		3	---	---	3	Free Elective
HSV 804	Internship	2	---	---	2	Free Elective
SOC 115 OR CRJ 200	Social Problems Criminology	3 OR 3	SOC 220 ---	Social Problems ---	3 OR 3	Major Free Elective
Total occupational course credits earned:		64	Total course credits accepted:		64	
Total transferable credits#:		64				

UIU recommendations are **bolded**.

Years 3 & 4 at Upper Iowa University:

UIU Program Course List		# Cr	Requirement Fulfilled	Transferred In
General Education Courses				
PHIL 202	any Gen Ed in Arts/Humanities	3	Gen Ed Arts/Humanities	PHI 105
	any Gen Ed in Arts/Humanities	3	Gen Ed Arts/Humanities	---
ENG 101	<i>English Composition I</i>	3	<i>Gen Ed Comm./Wrtn</i>	ENG 105
ENG 102	<i>English Composition II</i>	3	<i>Gen Ed Comm./Wrtn</i>	ENG 106
COMM 105 OR COMM 200	<i>Public Speaking</i> <i>Interpersonal Communication</i>	3	<i>Gen Ed Comm./Oral</i>	SPC 101 OR SPC 122
IS 102	Intro Computer Appl's & Technology	3	Gen Ed Computer Skills	---
	any Gen Ed in Natural Science	3	Gen Ed Natural Science	Semester 2 elective
	any Gen Ed in Natural Science	3	Gen Ed Natural Science	---
	<i>any Gen Ed in Social Science</i>	3	<i>Gen Ed Social Science</i>	SOC 110
	<i>any Gen Ed in Social Science</i>	3	<i>Gen Ed Social Science</i>	PSY 111
	<i>any Gen Ed in Cultures</i>	3	<i>Gen Ed Cultures</i>	SOC 200
Major Courses				
MATH 220	<i>Elementary Statistics</i>	3	<i>Major</i>	MAT 156
SOC 110	<i>Principles of Sociology</i>	3	<i>Major</i>	SOC 110
PSY 190	<i>General Psychology</i>	3	<i>Major</i>	PSY 111
HSV 221	<i>Introduction to Human Services</i>	3	<i>Major</i>	HSV 109
SOC 220	<i>Social Problems</i>	3	<i>Major</i>	SOC 115
SOC 240	<i>Diversity in the United States</i>	3	<i>Major</i>	SOC 200
HSV 361	<i>Marriage and the Family</i>	3	<i>Major</i>	SOC 120
HSV 375	Methods in Human Services I	3	Major	---
HSV 384	Social Welfare Programs and Policies	3	Major	---
HSV 454	Issues and Ethics in the Helping Prof.	3	Major	---
<i>Two upper- Division Electives from any Human Services, Psychology or Sociology courses</i>		6	Major	---
<i>One of the following:</i>		3	<i>Major</i>	---
PSY 403	Internship			
PSY 499	Special Project			
PSY 498	Senior Project			
Additional Elective				
Upper-Division Elective		12		
Elective		17		
Total additional credits needed at UIU to complete degree:		56		
Total transferable credits from DMACC:		64		
Total Earned Credits:		120		

~~ NOTES ~~

LEGEND:

- #Transfer grades lower than a C- will not be accepted.
- **Bolded** text indicates UIU recommendations.
- *Grayed out text* indicates courses fulfilled through transfer. Strikethrough indicates specific course if within grouping.

A minimum of 120 semester credits is required for a baccalaureate degree; up to 78 lower-division college semester credits from Des Moines Area Community College. A minimum of 30 credits must be upper-division credits for a UIU baccalaureate degree; lower-division transfer work from Des Moines Area Community College does not contribute to the upper-division credit requirement at UIU.

This program transfer guide is based on the August 2023 course-to-course articulation (UIU 2023-24 catalog & DMACC 2023-24 catalog).

Every effort has been made to ensure the accuracy and completeness of this program articulation. The office of the Registrar of Upper Iowa University reserves the right to make corrections, additions, and deletions as necessary.

Maximize Your Transfer to UIU

Take up to 14 credits to fulfill major and graduation requirements.

Choose up to 14 additional credits at Des Moines Area Community College to transfer into Upper Iowa University to fulfill general education and graduation requirements. View the Additional Elective Transfer Guide list below for course selection and recommendations. Talk with your advisors to ensure additional courses will fit with your degree plan and financial aid requirements.

Choose up to 14 credits from the following areas:

- Arts/Humanities General Education Requirement – up to 3 credits
- Computer Skills General Education Requirement – up to 3 credits
- Natural Science General Education Requirement – up to 3 credits
- Free Electives – up to 14 credits in any academic area

Elective Transfer Table

DMACC ELECTIVES			Transfers as UIU Course			
Course Id	Course Name	# Cr	Course Id	Course Name	# Cr	Requirement Fulfilled
AAS Degree Core Math or Sciences						
ANT 202	Human Origins	3	---	---	3	Gen Ed Soc. Sci.
BIO 104	Introductory Biology w/lab	3	BIO 100	General Biological Science	3	Gen Ed Nat. Sci.
BIO 112	General Biology I	4	BIO 135	Principles of Biology I	4	Gen Ed Nat. Sci.
BIO 113	General Biology II	4	BIO 140	Principles of Biology II	4	Gen Ed Nat. Sci.
BIO 135	Introduction to Botany	4	BIO 231	General Botany	4	Gen Ed Nat. Sci.
BIO 157	Human Biology	3	---	---	3	Gen Ed Nat. Sci.
BIO 164	Essentials Anatomy/Physiology	5	BIO 268	Introduction to Human Anatomy and Physiology	5	Gen Ed Nat. Sci.
BIO 168	Anatomy & Physiology I	4	BIO 270	Human Anat and Physiology I	4	Gen Ed Nat. Sci.
BIO 186	Microbiology	4	BIO 210	Microbiology	4	Gen Ed Nat. Sci.
BIO 732	Health Science Microbiology	4	---	---	4	Gen Ed Nat. Sci.
BIO 733	Health Science Anatomy	3	BIO 268	Introduction to Human Anatomy and Physiology	3	Gen Ed Nat. Sci.
BIO 734	Health Science Physiology	3	---	---	3	Gen Ed Nat. Sci.
CHM 105	Survey of Chemistry	3	CHEM 140	Chemistry for Everyday Life	3	Gen Ed Nat. Sci.
CHM 122	Intro to General Chemistry	4	---	---	4	Gen Ed Nat. Sci.
CHM 132	Intro to Organic/Biochemistry	4	---	---	4	Gen Ed Nat. Sci.
CHM 165	General/ Inorg Chemistry I	4	CHEM 151	General Chemistry I	4	Gen Ed Nat. Sci.
CHM 175	General/ Inorg Chemistry II	4	CHEM 152	General Chemistry II	4	Gen Ed Nat. Sci.
ENV 115	Environmental Science	3	ES 161	Intro to Environ. Science	3	Gen Ed Nat. Sci.
MAT 121	College Algebra	4	MATH 107	College Algebra	4	Gen Ed Mathematics
MAT 129	Precalculus	5	MATH 107	College Algebra	5	Gen Ed Mathematics

MAT 130	Trigonometry	3	MATH 115	Trig. and Analytic Geometry	3	Gen Ed Mathematics
MAT 156	Statistics	4	MATH 220	Elementary Statistics	4	Gen Ed Mathematics & Major
MAT 164	Calculus for Busn/Social Sci	4	MATH 109	Quantitative Methods	4	Gen Ed Mathematics
MAT 211	Calculus I	5	MATH 120	Calculus I	5	Gen Ed Mathematics
PHS 166	Meteorology, Weather & Climate	4	---	---	4	Gen Ed Nat. Sci.
PHY 106	Survey of Physics	4	PHY 105	Conceptual Physics	4	Gen Ed Nat. Sci.
PHY 160	General Physics I	5	PHY 111	Introductory Physics I	5	Gen Ed Nat. Sci.
PHY 161	General Physics II	5	PHY 113	Introductory Physics II	5	Gen Ed Nat. Sci.
PHY 213	Classical Physics I	6	PHY 111	Introductory Physics I	6	Gen Ed Nat. Sci.
PHY 223	Classical Physics II	6	PHY 113	Introductory Physics II	6	Gen Ed Nat. Sci.
PHY 710	Technical Physics	3	---	---	3	Gen Ed Nat. Sci.
Option 3: Semester 4 -Human Services Electives						
ANT 105	Cultural Anthropology	3	ANTH 110	Introduction to Cultural Anthropology	3	Gen Ed Cultures or Gen Ed Soc. Sci.
PHI 105	Introduction to Ethics	3	PHIL 202	Contemporary Ethics	3	Gen Ed Arts/Humn.
POL 111	American National Government	3	PS 100	U.S. Government	3	Gen Ed Soc. Sci.
POL 112	Amer State & Local Government	3	PS 230	State and Local Government	3	Gen Ed Soc. Sci.
HSV 135	Gender Studies	3	---	---	3	Gen Ed Soc. Sci.
SOC 110	Introduction to Sociology	3	SOC 110	Principles of Sociology	3	Gen Ed Soc. Sci. & Major
SOC 120	Marriage and Family	3	HSV 361	Marriage and the Family	3	Major
SOC 200	Minority Group Relations	3	SOC 240	Diversity in the U.S.	3	Gen Ed Cultures
SOC 225	Social Gerontology/Appl	4	HSV 397	Social Gerontology	3	Free Elective
PSY 251	Social Psychology	3	PSY 310	Social Psychology	3	Free Elective
PSY 261	Human Sexuality	3	PSY 270	Human Sexuality	3	Gen Ed Soc. Sci.
PSY 291	Princ. of Behavior Modification	3	SOOSC100	Social Science Gen Ed Lower	3	Gen Ed Soc. Sci